



Family Support Organiza- tion

Of Hunterdon, Somerset, and Warren Counties

FSO Educational Series

October 23, 2012

Understanding and Dealing with Your Teen

Learn to understand what makes a teenager “Tick” and how to avoid unnecessary struggles. Raising a teen is not easy and being a teen is just as difficult. **Eric Harris, LCSW**, will give you insight into what a teenager is thinking and experiencing as well as how to address their needs without battling every step of the way.

Mr. Harris is married with 3 boys ages 17, 23, & 26. He has been the Executive Director of *Family and Community Services of Somerset County* since 1994. He received his MSW from Rutgers and is a Licensed Clinical Social Worker and a Licensed Marriage and Family Therapist. His clinical areas of expertise include stress management, depression and anxiety, parent effectiveness, domestic violence, marital and other couple work, children and adolescents.

Tuesday, October 23, 2012

6:30PM-8:30PM

Richard Hall Community Mental Health Center
500 North Bridge Street, Bridgewater, NJ 08807

Child Care Available, MUST call if needed

RSVP by Calling or Emailing

908-213-9932 x 16

Refreshments will be served